

maternity FOUNDATION

International Confederation of Midwives

SDA integrated workshop on Modern Contraception – Part B

3

Skill demonstration and practice

80 mins

Skill Station 1 – Contraception counselling

25 mins

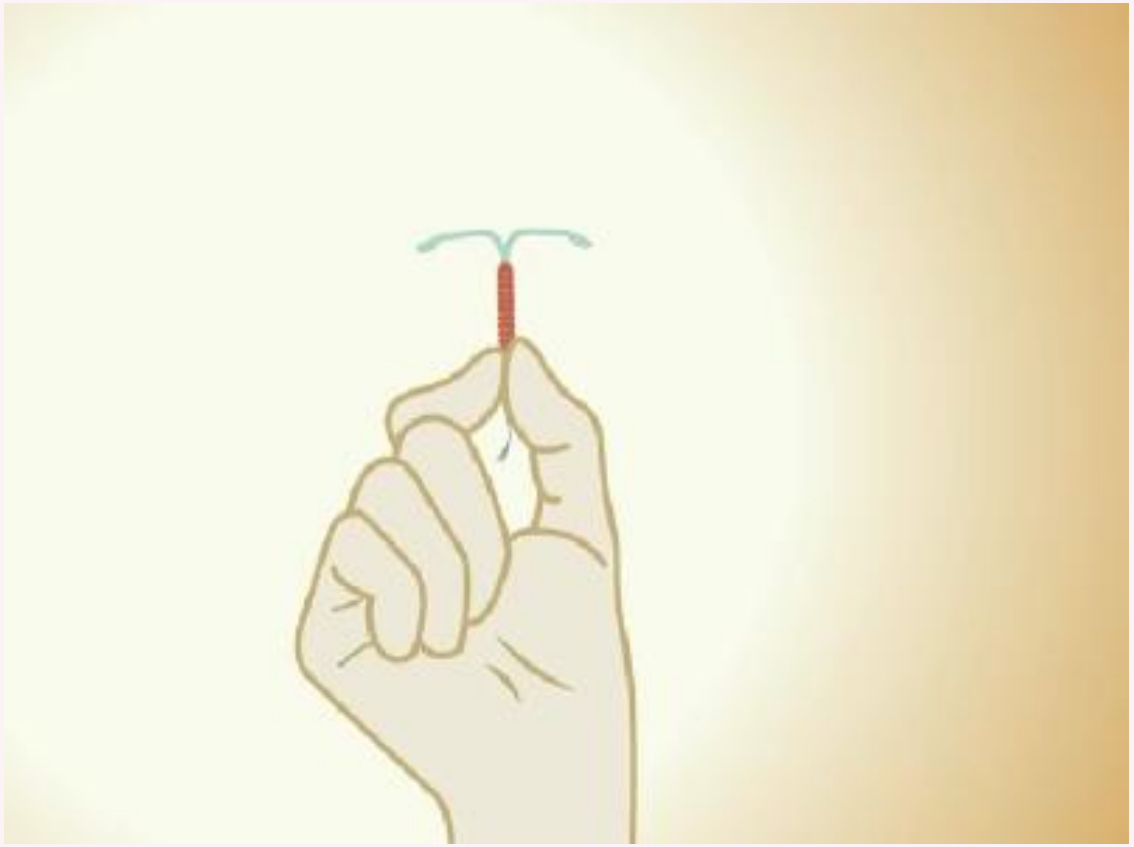


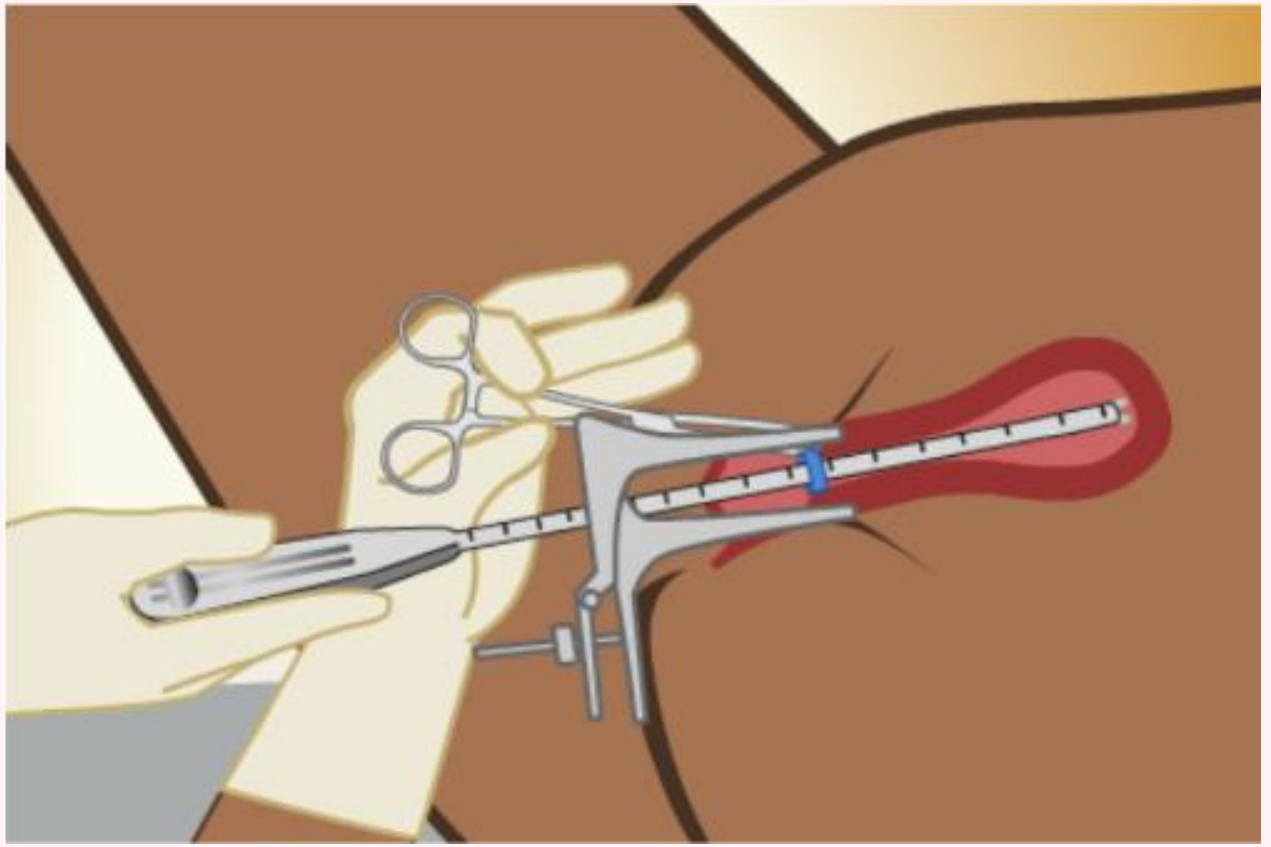
Let's Play

Game!

Skill Station 2 – Insertion of IUD

25 mins

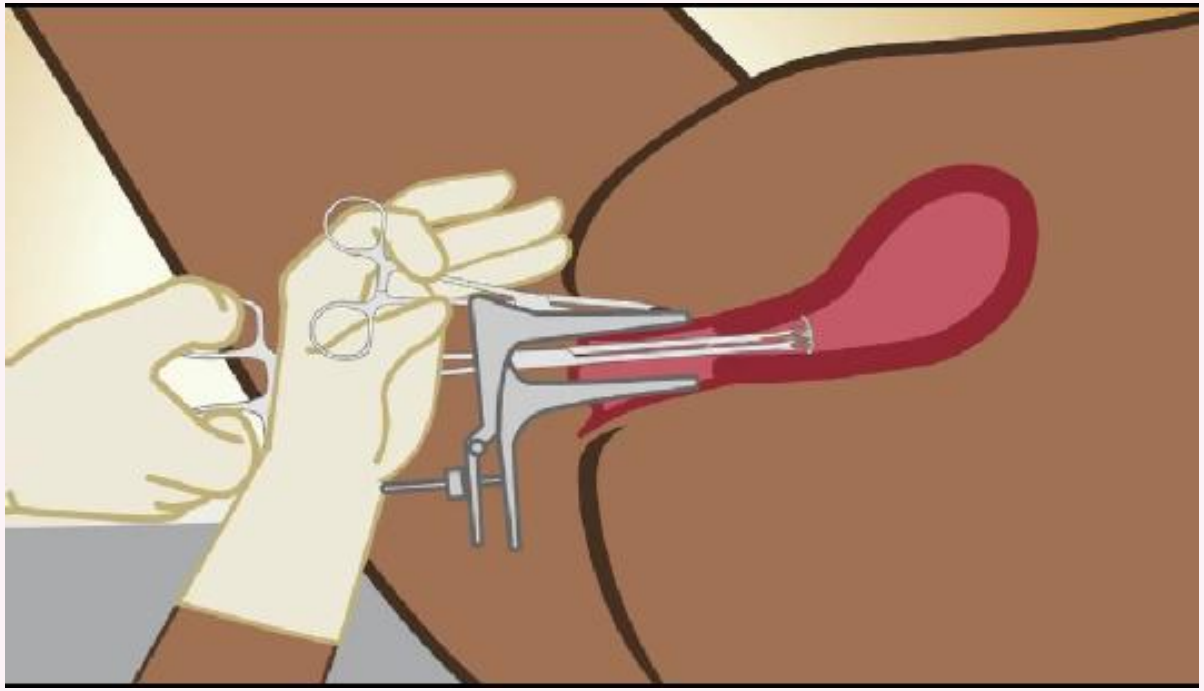




Skill Station 3 – Insertion of Postpartum IUD

25 mins





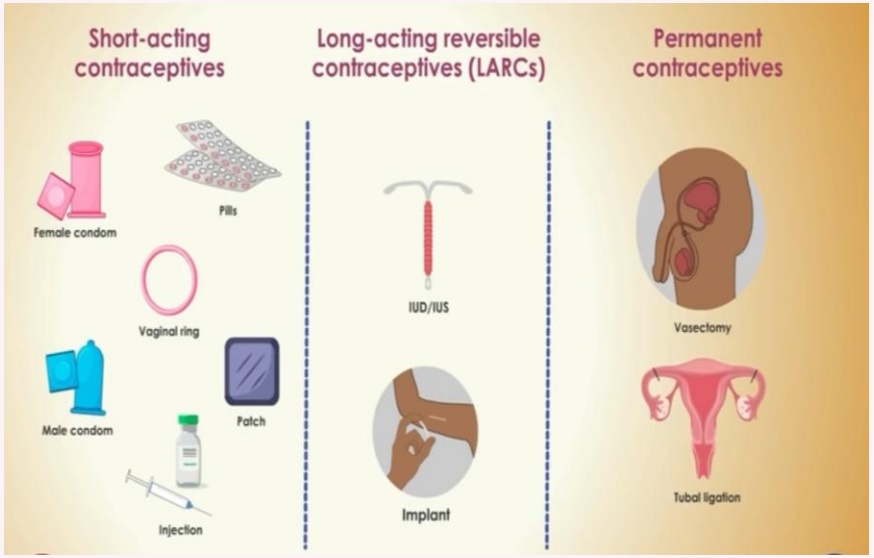
5

Discussion and closure

10 mins

Summary

- Contraception counselling enables people to make informed choices about their sexual and reproductive health.
- MEC – 4 categories - Safe to use, generally use, generally do not use. Not to be used.
- Contraceptive information and services are fundamental to the health and human rights of all individuals
- IUD insertion and removal is an essential skill for all midwives



Any questions?



5 mins

Post-workshop Feedback

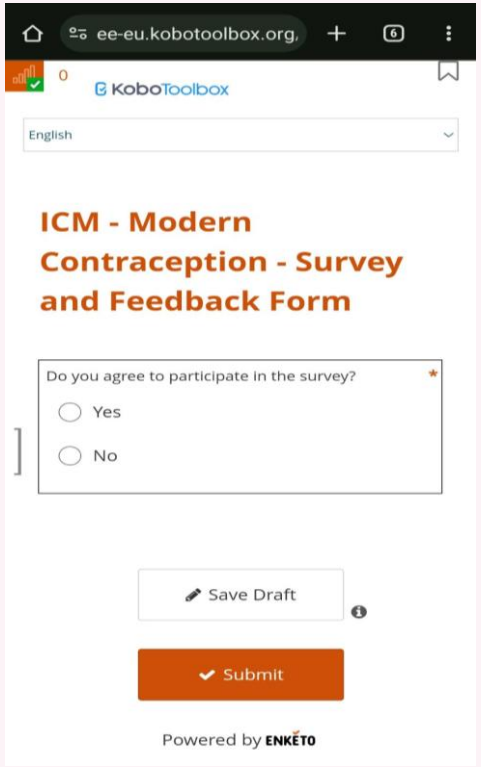
Link to the survey: https://ee-eu.kobotoolbox.org/x/Bz46b1Lt

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Use your phone's camera to scan the QR code

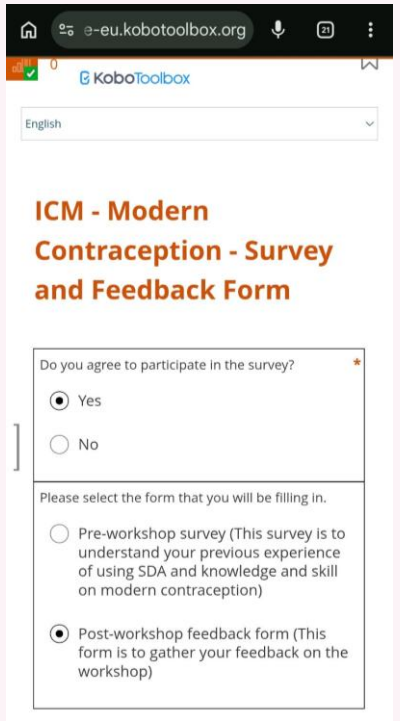
2

Once the code has been scanned, this screen will open on your phone



3

Select ‘post-workshop feedback’ option



Become a safe delivery champion!

Can you become **expert** in the **Modern Contraception** module?

And…

A **Safe Delivery Champion**?



Certificate of participation



maternity FOUNDATION

International Confederation of Midwives

Certificate of Participation

This certificate is awarded to

for participating in the half-day workshop on Modern Contraception organised by Maternity Foundation during the 34th International Confederation of Midwives Triennial Congress at Lisbon, Portugal.

Anna Frellsen
Chief Executive Officer
Maternity Foundation

Lisbon, June 16, 2026

Franka Cadee
Director -Safe Delivery Program
Maternity Foundation

Sent to your mail once we get your details through the feedback form.



Thank you!

maternity FOUNDATION

www.maternity.dk